



Strategies for a Successful School Year

Select from the following kids workshops:

August 1, 2017

Yoga: Down to a Science
(Ages 9-12)

August 8, 2017

Yoga Builds Character
(Ages 5-8)

August 15, 2017

Express Yourself!
(Ages 9-12)

August 22, 2017

Hocus Pocus, Everybody Focus!
(Ages 5-8)

August 29, 2017

Brainstorm!
(Teens)



Time: 4-5 PM

Cost: \$25 per student

Presented by Jennifer Scamorza, Certified Educator, Yoga Instructor and Kid at Heart!

Freehold Yoga Center

3 West Main Street | Freehold, NJ 07728 | 732.462.9642 | www.freeholdyogacenter.com